

All Hallows

Catholic High School

Newsletter

21st March 2025



Dear Parents/Guardians,

Spring seems to be in the air this week and as we journey through Lent our pupils are actively fundraising and preparing themselves for the Feast of Easter. This week we have focused on self-reflection and considered the aspects of our lives and decisions which take us away from God. We are grateful for the priests who we have welcomed into school to provide pupils with the opportunity to receive the Sacrament of Reconciliation. Some of our students were also able to visit the Flame National Catholic Youth Congress at Wembley and they thoroughly enjoyed the experience.

Our school production of 'Matilda' starts next week, with opening night on Tuesday 25th March and continues through to Friday 28th March. Our Performing Arts staff are incredible and work so hard to ensure that the skills and talents of the performers are able to flourish on the stage. We have a few tickets left and would love there to be a full house every night. Tickets are available on line. Having purposely stayed away from rehearsals, I cannot wait to see the product of all the hard work that has gone into the production. Special thanks need to go to Mrs Colclough and her team who have spent many hours preparing our pupils for what I know will be a great week for our school.

As usual there are so many aspects of school life that we are able to showcase in the newsletter. We are very proud of all our children in the way they represent our school and their families.

Yours faithfully,

Alison Cooper

Headteacher



Reconciliation Week

This week, as part of Lent, pupils have been given the opportunity to receive the Sacrament of Reconciliation. In preparation for this, in their assemblies pupils have listened to Jesus' Parable of the Lost Sheep, which emphasises that sometimes we can get separated from God. When sheep get separated from their shepherd, they can feel alone and end up in trouble.

The same is true in our relationship with Jesus. When we wander from him or ignore his voice, we feel alone and sometimes find ourselves in situations that are not the best for us. We can take comfort in knowing however that we are loved so deeply that God will do whatever it takes to find us when we're lost and then care for us like a shepherd lovingly cares for his sheep. Pupils then took part in an examination of conscience which invited them to look prayerfully into their hearts and to ask how they have distanced themselves from God and other people through their thoughts, words and actions. This is a great way to prepare us for confessions or the Sacrament of Reconciliation. Confession is how we make our way back to God, and when we are found and welcomed back by the father.

In the afternoons, Priests from our family of Parishes came into school to hear pupils' confessions and administer the Sacrament of Reconciliation. It proved a great opportunity for pupils to have the weight lifted off their shoulders and feel free from sin. It is a chance to reset our lives and start over, a change to try again at living a saintly life we are all called to.

"Growing together in the spirit of Christ's love"



Flame Catholic Youth Congress

Flame 2025 saw more than 10,000 young people from every part of England and Wales, including a group of Year 8's, 9's and 10's from All Hallows who travelled with other groups from Liverpool Archdiocese to London on Saturday. We saw groups from Gibraltar and the Ukrainian national Chaplaincy, join chaplains, teachers, priests, bishops, and youth leaders, in selling out the OVO Arena Wembley in a huge explosion of faith and hope. The theme of the day was 'Unstoppable: Fan the flame of hope!'

Inspirational speakers included adventurer and television presenter Bear Grylls, who spoke about his book *The Greatest Story Ever Told* based on the Gospel – every attendee received a copy!

In conversation with Catholic speaker David Wells, Mr Grylls shed light on his Christian faith:

"Faith is in your heart, faith is in relationships, faith is a constant connection to the Almighty. I have many struggles, many doubts, I really don't have it all together, but I know that I am loved and held, and the light shines.

"Faith is part of the adventure, faith is the adventure. It's a journey... It's a backbone, a streak of steel, the presence of Jesus besides us in the highs and the lows. It's fire and life and water, all in one. It's a journey."

To a packed out and loud crowd, he added:

"I hope you have an amazing rest of Flame. You guys are unstoppable!"

Flame's theme of "Unstoppable: Fan the flame of hope" echoed what Pope Francis calls us to be in this year of Jubilee: "Pilgrims of Hope."

Rt Rev David Oakley, Bishop of Northampton, read a message from Cardinal Parolin on behalf of Pope Francis, who encouraged the young people saying: "Fan a flame of hope that is truly 'unstoppable' for Christ itself is its living source."

Bryan Enriquez, a founding team member of the Hallow prayer app, spoke as well as Isaac Harvey MBE, an inspiring disability advocate.

Isaac Harvey said: "It's about having faith, having hope, and at the end of the day having fun. Going with the flow, having fun, and taking opportunities as they come."

Fr Dominic Howarth, a priest of Brentwood Diocese read a message from the Apostolic Nuncio in Great Britain, H. E. Archbishop Miguel Mary Buendía, who encouraged the young people with these words:

"Let your faith shine brightly in the world, and know that you are not alone on this journey."

The message from St Vincent de Paul Society was: "You are loved, you are lovable, and you are loved by God."

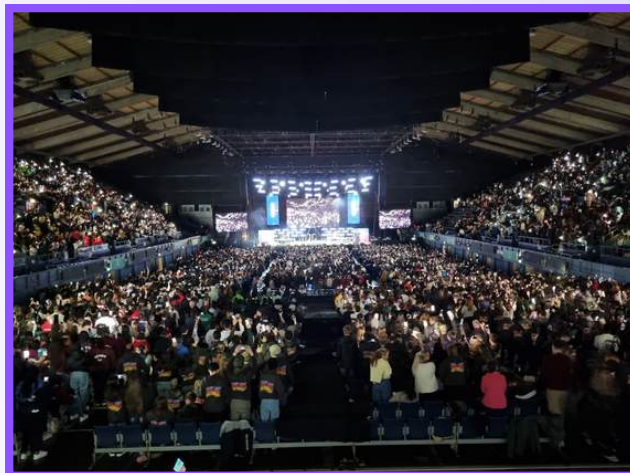
CAFOD partner, Brian Maeba, a young farmer from Kenya, spoke about the global debt crisis, where some of the world's poorest countries make huge repayments on high-interest loans to wealthy banks, institutions and governments, leaving them unable to fund essential services.

Brian encouraged the audience to support CAFOD's debt cancellation campaign by shouting out "cancel debt and choose hope".

The music served to support these values with One Hope Project bringing their Christian worship music to the stage. Guvna B rapped about Jesus being our light and guide, whilst singer Adenike, an ambassador for CAFOD, got the crowd singing along to faith and hope based music. The best performance of the day came from the World Youth Dance crew who got the whole arena quite literally bouncing!

All the young people had Pilgrim Passports which they had to fill in during the day, searching around the concourses for a stamp from the different Catholic Charities and Religious Orders.

Flame 2025 concluded with a moving moment of Adoration of the Blessed Sacrament, led by Cardinal Vincent Nichols, capping a day of spiritual renewal, encouraging young people to return to their parishes and schools as ambassadors of hope.



"Growing together in the spirit of Christ's love"

CAFOD ASSEMBLIES

Last week, Maureen Nickson – a volunteer for CAFOD – came in to school to talk to each year group about CAFOD's fundraising focus this Lent and how the All Hallows community can help. She told us about Khera's community in Kenya, who lost all their livestock due to drought brought on by climate change. CAFOD's focus is to buy communities like this sustainable chickens, which require less water, in order to sell their eggs and make an income again. Each indigenous chicken costs £4.20 and is more disease resistant, requires less water and lays more eggs.

So, the focus of our Lent campaign in this Jubilee Year of Hope is chickens for communities like Khera's in Kenya!

We have our CAFOD fast day and CAFOD own clothes day which will raise money for this on Friday 28th March and the sponsored Big Lent Walk from St Oswald's Parish Church to St Teresa's Parish Church and back is on Saturday 29th March. Let's see how much money we can raise and how many chickens it will buy!

THE **BIG** LENT WALK



Uniform Pop-Up Shop



This year, students at All Hallows, alongside Faith in Action, have decided to launch the Uniform Pop-Up Shop. This initiative will provide an opportunity for old uniforms to find a new home as part of our recycling efforts. This project contributes towards the Live Simply Award here at school, and we hope that through this, we can gain a greater understanding of our impact on the environment.



"Growing together in the spirit of Christ's love"

Celebrating STEM Month: Inspiring the Next Generation of Innovators

March has been an exciting month for STEM at our school, with students engaging in hands-on experiences that bring science, technology, engineering, and mathematics to life. Through a range of activities and workshops, pupils have expanded their skills, explored potential careers, and worked collaboratively to solve real-world challenges.

Big Bang In School: Game. Set. Match

Year 7 and 8 have been able to take part in the Big Bang in School day where they had the opportunity to research and design a solution to a problem that could affect an athlete or that would support a sport. Pupils were shown examples of Hawkeye in Tennis and a Boxing app that supported boxers being able to see their progress on a daily basis, strike patterns, effort levels etc and were then tasked with creating an innovative design solution of their own for a sport of their choice. Some pupils considered prosthetic limbs for people swimming the Channel, others created apps to support football training and some even designed new clothing to keep muscles warm and stretched for cold climates. All work is being shortlisted and a number of entries will be submitted to the All About STEM competition later next month. Well done for your creative and imaginative designs.



3D Printing Workshop - 11th March

Year 8 students took part in a thrilling 3D printing workshop, delivered by Create Education/BAE Systems, where they developed their OnShape skills to design a nose cone for a rocket. This session not only honed their digital design abilities but also provided an opportunity to see 3D printing in action. To put their creations to the test, pupils launched their rockets outside using vitamin C tablets and water, applying principles of aerodynamics and propulsion. This hands-on experience not only reinforced key STEM concepts but also highlighted real-world applications, inspiring students to consider future careers in engineering, design, and technology.

Young Chef Regional Competition

Last half term we were very pleased to be able to submit nine written entries into the Young Chef Competition through Blackburn College. Pupils had to work together to devise a dish using chicken, seasonal and local vegetables and explain how they were considering sustainability and the environment through their choices.

We are delighted to have found out that 2 of our pairs have been selected to take part in the Regional round where they will work together in their pairs, to make and present their dishes. After the heats are all completed, six winning pairs will go through to cook against each other in the final. Congratulations to Chloe L and Addison N as well as Ruby M and William W. Well done and good luck in the heats!



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Blast Off to RIAT - 10th March

Another exciting event was the 'Blast Off to RIAT' day, delivered by the Smallpeice Trust in collaboration with the RAF. During this challenge, Year 8 students worked in teams to explore the complexities of landing on another planet.

They designed and built prototype landers, considering factors such as location, cushioning, and stability to ensure a safe touchdown. In addition to the engineering challenge, pupils had to present their findings, developing their communication and teamwork skills. Their hard work and dedication were recognised with the prestigious Industrial Cadets Award, a fantastic achievement that showcases their commitment to STEM learning. These events have provided students with invaluable experiences that extend beyond the classroom, demonstrating the impact and excitement of STEM subjects. We look forward to more inspiring opportunities as we continue to nurture the next generation of scientists, engineers, and innovators!



Year 7 Cliff's Farm Reminder

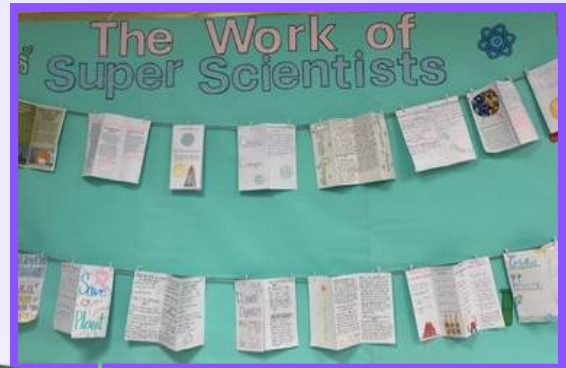
Year 7 students have been sent information regarding the Geography field trip to Cliff's Farm in June. The deadline for returning the paperwork to school is 9th May 2025.

Payment and consent can be submitted via the link sent through Parent Mail. Please note that the selection of activities is on a first-come, first-served basis, so the sooner the medical and acceptance of risk form is returned to Mrs. McDonnell, the better.

Thank you for your assistance with this matter.

Year 7 Climate Change

Miss Shirley's 7G1 class has truly excelled in their recent research homework on climate change. Their outstanding projects are now proudly on display in Lab 28, showcasing both their excellent work ethic and their impressive awareness of the pressing environmental issues our world faces. Each piece reflects the students' creativity and critical thinking, demonstrating their commitment to understanding the complexities of climate change and its impact on our planet. This impressive body of work is a testament to the students' dedication to their studies and their role as informed citizens in an ever-changing world.



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Lancashire FA Celebration Competitions



Thank you to the amazing Year 9 and Year 10 superstars who were fantastic football leaders at South Ribble's biggest ever girls' football session at the Lancashire FA in Leyland!

You were true role models, guiding and encouraging the younger players, and ensuring everything ran smoothly. You were a credit to All Hallows, and we're so proud of everything you did to make this event such a success. Well done to all of you! Your efforts were truly appreciated!

Under 15's Indoor Softball Cricket Team



Last week, our Under 15's Indoor Softball Cricket team had the opportunity to compete in the North Lancashire Indoor Softball Cricket Finals at the Bolton Arena. While they played exceptionally well, they narrowly missed out on a spot in the semi-finals by just 20 runs. Despite the tough competition, including teams from St Michael's, Carnforth, and AKS, the girls showed incredible skill, determination, and sportsmanship throughout the tournament.

Though the results didn't go their way this time, the experience gained will undoubtedly be invaluable as they continue to develop as players.

A huge congratulations to all the girls for their efforts – keep practicing, as we have a big outdoor softball tournament coming up in June! We're excited to see how you'll use this experience to take your game to the next level. Well done, girls!

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Year 7 and Year 8 Indoor Athletics



Congratulations to the Year 7 and Year 8 girls' athletics teams for their truly exceptional performances at the District event! What an unforgettable and exciting night it was, full of impressive moments and unforgettable victories. Both teams not only delivered outstanding individual results, but also showed remarkable teamwork and sportsmanship, which played a key role in securing their overall victory.

Both teams will now go on to represent South Ribble at the Lancashire Finals on March 26th in Blackpool. This is a fantastic achievement and a direct result of the commitment each athlete put in throughout the season.

Year 8 Netball Team - District Tournament Champions



We are thrilled to announce an incredible achievement by our Year 8 netball team! After months of dedication, teamwork, and sheer determination, these talented young athletes have emerged victorious as the champions of the District Tournament held this week. This impressive accomplishment reflects not only their skills on the court but also the countless hours of practice and perseverance they've poured into their game.

It is especially remarkable considering that just last year, the team finished in 4th place during their Year 7 tournament. Their journey is a testament to their resilience and commitment to improving every day. The transition from 4th place to champions is no small feat and showcases their remarkable growth as players and as a cohesive team. We want to extend our heartfelt congratulations to each member of the Year 8 netball team. Your hard work, sportsmanship, and unwavering spirit have truly paid off.

As we celebrate this fantastic victory, let's also recognise the support from our coaches, families, and friends who have cheered them on every step of the way. Your encouragement has been valuable in shaping these athletes throughout their journey.

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English Schools' Athletic Association Cross Country Championships 2025

A huge round of applause for Ellie B, Millie W, and Jack T from Year 8, as well as Elsie Mc and Jack M from Year 9! These talented runners proudly represented Lancashire last week at the prestigious English Schools' Cross Country Championships, where they faced off against an impressive field of 334 competitors.

Ellie B showcased her exceptional skill and determination by competing against older students from Year 9, an accomplishment that highlights her prowess as a runner. Despite the challenge, she finished strong in 26th place, demonstrating her remarkable potential.

The results from the event were as follows:

- Ellie B : 26th place
- Millie W : 292nd place
- Jack T : 147th place
- Elsie Mc : 143rd place
- Jack M : 47th place

This event not only provided an excellent opportunity for our students to test their abilities but also fostered camaraderie among participants from various schools. We are incredibly proud of their dedication, hard work, and spirit in representing Lancashire. Congratulations to all five runners for their impressive performances and for making their school community proud!

Year 9 Football



Congratulations to the Year 9 Boys' football team for their remarkable achievement in the first round of the South Ribble Cup, where they secured a hard-fought victory with a final score of 1-0! It was an intense match filled with determination and teamwork, showcasing the grit and resolve of our players as they navigated the challenges presented by their opponents.

The decisive goal came from the talented Leo F, who not only found the back of the net but also earned the title of Man of the Match for his outstanding performance. Leo's skill and perseverance on the field played a crucial role in leading the team to victory. Keep up the fantastic work, boys, and let's carry this momentum into the next round!

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Year 10 Football



Congratulations to our Year 10 boys football team, who delivered an outstanding performance on Tuesday, securing a fantastic 5-1 victory against Balshaws! From the outset, the boys showcased exceptional coordination and strategy, resulting in an impressive display of football. Each goal highlighted their hard work during practice and their commitment to supporting one another as a cohesive unit.

A special shoutout goes to Thomas A, who shone brightly in the match by scoring an incredible 4 out of the 5 goals! His remarkable efforts were crucial to the team's success. Well done, everyone! Keep up the great work!

Under 14's Girls and Year 7 Girls Football



This week, the Under 14 and Year 7 girls' football teams participated in the first round of the South Ribble Cup. The U14 team faced a tough match against Penwortham Girls High School and, despite their best efforts, lost in extra time. However, we want to extend our congratulations to the Year 7 team for their outstanding performance, winning 7-0 against Brownedge St Marys and securing their place in the next round!

A special mention goes to Eva W, who was named Player of the Match for the Under 14s, and Emily D, who received the accolade for the Year 7 team. Great job, girls! Keep up the hard work!

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Year 10 Badminton



Well done to the Year 10 boys who took part in a friendly competition against Hutton! The boys showcased their skills and teamwork throughout the event, and it was great to see them competing with such enthusiasm.

After a series of exciting matches, the standout performers were Jack H and Oliver P, who were named the overall winners. Their hard work and determination played a key role in the team's success. This friendly competition was a fantastic experience for everyone involved, and we couldn't be prouder of how the boys represented the school. Keep up the great effort, Year 10!

Year 7 Basketball

Well done to the Year 7 Basketball team! In a recent competition that featured five teams, our players demonstrated outstanding talent and teamwork by splitting into two separate teams and finishing in impressive 1st and 2nd place!

This achievement highlights not only their skill on the court but also their ability to work together effectively. Both teams showcased great sportsmanship and determination throughout the event.

Keep up the fantastic effort, Year 7!



Running for a Cause: Cieran L 28 Miles in February for Alzheimer's Research UK



During the month of February, Cieran in Year 10 raised money for Alzheimer's Research UK by taking part in their '28 miles in February' challenge. In his own time, alongside his many other commitments, Cieran has completed this challenge and has sought sponsorship from people in his community, amounting to £240. Cieran also prepared for an ultra-marathon! We are extremely proud of Cieran's act of stewardship and dedication to others.

Charlie B - Cadet Leadership Qualification



Well done to Charlie B in Year 7! This week, Charlie earned his Cadet Leadership Qualification at kickboxing. He successfully supported the younger kick-boxers while also leading a session and overseeing warm-ups and cool-downs. This significant accomplishment came after several weeks of dedicated work and assessment by the Sensei. Charlie's hard work and commitment to helping others truly shine through. We are incredibly proud of you, Charlie! Keep up the fantastic work!

Sophie M - Crescendo Events Performing Arts Festival



Well done to Sophie M in Year 7 for her outstanding achievement at the Crescendo Events Performing Arts Festival in Tarleton! She competed in a vocal competition and came in 1st place in her category for ages 12 and under. What an amazing performance, Sophie! We are so proud of you and can't wait to see what you accomplish next!

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Bella C - Noda Award



Congratulations to Bella C in Year 8. Bella has recently received nominations in two categories at the National Operatic and Dramatic Association awards that took place last week. She was nominated for Best Ensemble (Adult) for her role as the Rose Seller in **Oliver** and also for Best Chorus in **Les Miserables**, where she played young Eponine and was part of the ensemble. Being recognized in two categories is an incredible achievement, and she came away with the award for her performance in **Les Miserables**! Well done, Bella!

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Tickets for our production of Matilda are selling quickly, and we encourage everyone to secure their seats without delay! Don't miss out on the chance to experience this wonderful production. You can purchase your tickets through the following link: <https://www.trybooking.com/uk/EKRL> Make sure to grab them before it's too late - we can't wait to see you there!



ALL HALLOWS PRESENTS

ROALD DAHL
Matilda
THE MUSICAL JR.



**Tuesday 25th March
to Friday 28th March**

"SOMETIMES YOU HAVE TO BE A LITTLE BIT NAUGHTY"

"Growing together in the spirit of Christ's love"

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance
To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



Exam Time

Managing Exam Stress

Please view the attached link, which contains important information on how to manage exam stress. This article offers practical tips and strategies to help students cope with the pressures of exams, including self-care techniques and ways to maintain a positive mindset. It's crucial for students to prioritize their well-being during this time, and I encourage everyone to explore the valuable insights provided.

<https://www.youngminds.org.uk/young-person/blog/exam-self-care/>

LIVE PARENT/CARER SLEEP WEBINAR

BACK BY POPULAR DEMAND

Sleep is a **SUPER** Power

We all need sleep, and some of us would like even more of it!

This webinar aims to provide an overview for parents/carers on the purpose of sleep, the impact of poor sleep, and advice and strategies to improve sleep and overcome some common sleep difficulties. The strategies may be applied to both adults and children and young people.



When:

Wednesday 26th March; 1.00pm - 2.15pm

Join Our Webinars!

Our webinars are open to all young people and parents/carers of students who attend our allocated schools and colleges.

Register now using the link below or simply scan the QR Code to secure your spot!

SCAN ME



<https://MarchSleepWebinar.eventbrite.co.uk>

To attend please sign up before 5.00pm Tuesday 25th March.



COMPASSBLOOM@COMPASS-UK.ORG 01772 280123

@COMPASSBLOOM

UNIT 8 BALFOUR COURT, OFF HOUGH LANE, LEYLAND, LANCASHIRE, PR25 2TF

WE NEED YOUR HELP!

The SEND Partnership in Lancashire would like to include your artwork, words or similar in their new SEND Strategy which will be published later this year

YOUR ENTRY NEEDS TO ANSWER THE QUESTION:

WHAT MAKES ME FEEL INCLUDED?

You can create a picture, a quote, a voice recording, a short poem – however you wish to express yourself!

EMAIL YOUR ENTRIES WITH YOUR FIRST NAME AND AGE TO:

SENDPartnership@lancashire.gov.uk

THERE WILL BE A £20 HIGH STREET VOUCHER FOR WINNING ENTRIES IN THE FOLLOWING AGE RANGES: EARLY YEARS, PRIMARY, SECONDARY AND 16+ THOUGH ALL ENTRIES MAY BE USED



DEADLINE: 31ST MARCH 2025

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