

WORLD

YOUTH DAY



WORD OF THE WEEK

A READING FROM THE LETTER OF ST PAUL TO TIMOTHY.

“Do not let anyone look down on you because you are young but be an example for the believers in your speech, your conduct, your love, faith, and purity. Until I come, give your time and effort to the public reading of the Scriptures and to preaching and teaching. Do not neglect the spiritual gift that is in you...”

PRAYER FOR THE WEEK



Dear Jesus, thank you for the gift of being young. Help us to live with joy, courage and faith as we follow Your example. Guide us to be lights in the world, spreading Your love to those around us. Teach us to use our talents and voices to build a world of peace, kindness and justice. Fill our hearts with hope, so that we may trust in Your plans for our lives. May we always seek to grow closer to You and be leaders of love in our communities.

Amen.

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EXPERIENCEWORLD

This Sunday the Church celebrates World Youth Sunday. This is a special day in the Catholic Church that celebrates young people and your important role in the church. It's a time to reflect on how you can live your faith and share God's love in the world. The Church wants to pray for you and encourage you to be young leaders who use your talents to make a difference, and grow closer to Jesus. This day reminds is all that young people have a very special and important role to play in the life of the Church, that you are not just the future of the Church but an important part of it RIGHT NOW!



This week's Word of the Week encourages you as young people to embrace your role in the Church and society with confidence and integrity. It emphasises that youth is not a limitation but an opportunity to set a positive example and lead through your actions and values. This letter to Timothy should inspire you to actively contribute to your communities, demonstrating that your age does not define your ability to make a meaningful impact.

The Children of Fatima

In 1917, three children- Lucia, Francisco and Jacinta- reported seeing the Virgin Mary in Fatima, Portugal. Despite their young age, they relayed her messages of prayer and repentance. Many doubted or dismissed them, thinking children could not be trusted with divine visions.

This scepticism reflects the message of our Word of the Week from St Paul's letter to Timothy. The children were called to deliver an important message despite their age, showing that God can work through anyone, regardless of how others perceive them. But also that God does entrust important tasks to young people. These three children were visited by Mary for a reason, she knew these young people were the perfect people to deliver this message to others.

[CLICK HERE TO FIND OUT MORE](#)

YouTube

King of Kings- Hillsong Worship

[LISTEN HERE](#)

This I Believe (The Creed)

[LISTEN HERE](#)

The Feast of Christ the King

This Sunday is the Feast of Christ the King. This feast day celebrates Jesus as the ruler of all creation, reminding us that His kingdom is one of love, peace and justice. It's a special time to think about how we can follow Christ as our King. This feast also celebrates World Youth Sunday, a day where the church prays for and encourages young people to be active in their faith and to live with the courage and kindness Jesus showed.

Take a moment...

- Can you think of any young people who have not let their age stop them from achieving great things or making a difference to the world?
- Have there been times in your life when you have been looked down on because you are young?
- Have people underestimated you because of your age?
- Having listened to the words of St Paul to Timothy what would you like to tell adults and the world about being young?

What does it mean to you to call Jesus your King?

How can you honour Him in your daily life?

Jesus' kingdom is built on love and service. how can you show kindness and help others around you?

How can you use your gifts and talents to build a world that reflects Christ's kingdom?

If Jesus visited school today, how would you act differently to show that He is your King?

"As young people you can't and shouldn't lose hope. It's a simple part of your nature. A young person without hope isn't young. It is someone who has aged too soon."

Pope Francis

