

Personal Development Topic Overview 2024-2025

Autumn Term 1: RSHE   Year 11 – Careers		NB: Orange = Ten:Ten   Lessons that need PC rooms are highlighted			
	Year 7	Year 8	Year 9	Year 10	Year 11
<p><b>Week 1</b> WB: 02/09</p> <p>No Monday or Tuesday lessons</p>	<b><u>NO LESSON</u></b>	<b><u>NO LESSON</u></b>	<p><u>The Search for Love (50 minute lesson)</u> Pupils will learn that human love is a sign of the “greater love” of God, leading to an exploration of the Church teaching of sex as a gift from God.</p>	<p><u>Authentic Freedom (50 minute lesson)</u> Pupils will learn about the objective reality of sex, and how this might impact people’s decisions around relationships, including their own hopes and wishes for the future.</p>	<b><u>NO LESSON</u></b>
<p><b>Week 2</b> WB: 09/09</p>	<p><b>Ice breakers</b> A selection of ice breaker games to allow pupils to get to know their set groups.</p>	<p><u>Created and Chosen (50 minute lesson)</u> Pupils will learn what makes them scientifically unique.</p>	<p><u>Love People, Use Things (25 minute lesson with extensions)</u> Pupils will learn about objectification: that when we love things, we tend to use people.</p>	<p><u>NSPCC – Communication &amp; Readiness</u> Pupils will learn how to communicate about intimacy in relationships, and assess readiness for different ways of expressing intimacy.</p>	<p><b>Post 16 Choices, Choices (Unifrog)</b> Pupils will learn about the opportunities available to them post-16. This is a great time to ask students to record their intentions for the end of this academic year!</p> <p><b>Computer Room</b></p>
<p><b>Week 3</b> WB: 16/09</p>	<p><u>Who Am I? (25 minute lesson with extensions)</u> Pupils will learn that they are completely unique persons, physically, mentally and emotionally</p>	<p><u>Feelings (25 minute lesson with extensions)</u> Pupils will learn that an increase in hormone production during puberty leads to physical and psychological changes, including sexual attraction, and methods for managing the feelings involved with these.</p>	<p><u>Love People, Use Things (25 minute lesson with extensions)</u> Pupils will learn about objectification, and consider the negative impact of casual sex, pornography and masturbation.</p>	<p><u>Parenthood (50 minute lesson)</u> Pupils will learn about the 1959 Declaration of the Rights of the Child and how this impacts legal Parental Responsibility, as well as considering the emotional and practical commitment that being a parent entails.</p>	<p><b>Busting BTEC Myths (Unifrog)</b> Pupils develop an understanding of BTEC subjects, the difference between BTECs and A-levels, and to tackle negative stereotypes.</p>

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<p><b>Week 4</b> <b>WB:</b> <b>23/09</b></p>	<p><u>Who Am I? (25 minute lesson with extensions)</u> Pupils will learn that they are a completely unique person, and that, body and soul, they are created and loved by God.</p>	<p><u>Feelings (25 minute lesson with extensions)</u> Pupils will learn that an increase in hormone production during puberty leads to physical and psychological changes, including sexual attraction, and methods for managing the feelings involved with these.</p>	<p><u>In Control of My Choices (50 minute lesson)</u> Pupils will recognise, clarify and, if necessary, challenge their values, attitudes and beliefs, and they will understand how these influence their choices.</p>	<p><u>Pregnancy &amp; Abortion (25 minute lesson with extensions)</u> Pupils will learn about the stages of life in the womb, abortion methods and legality, and sex as so often being divorced from the possibility of parenthood.</p>	<p><b>Apprenticeships</b> Pupils will learn about different types of apprenticeships available to them post-16.</p>
<p><b>Week 5</b> <b>WB:</b> <b>30/09</b></p>	<p><u>Changing Bodies (25 minute lesson with extensions)</u> Pupils will learn that puberty involves physical, emotional and sexual development. This session covers the specific physical changes.</p> <p>Retreat day disruptions Mon - Wed</p>	<p><u>Before I was Born (25 minute lesson with extensions)</u> Pupils will learn what happens during the different stages of pregnancy, the importance of pre-natal care and the emotional, real life impact of pregnancies carried to full term and otherwise.</p>	<p><u>Fertility &amp; Contraception (25 minute lesson with extensions)</u> Pupils will learn about methods for managing conception and discuss how they uphold or contravene God’s plan for sex</p>	<p><u>Pregnancy &amp; Abortion (25 minute lesson with extensions)</u> Pupils will learn about the stages of life in the womb, abortion methods and legality, and sex as so often being divorced from the possibility of parenthood.</p>	<p><b>Writing a personal statement (Unifrog)</b> Pupils will learn why they need to write a personal statement and how this will be used now and in the future. They will use Unifrog to begin collating information for their  Personal Statements using the personal statement tool on Unifrog. <b>These need to be completed at home and checked by teachers by 30/10/2024</b></p> <p>Computer Room</p>
<p><b>Week 6</b> <b>WB:</b> <b>07/10</b></p>	<p><u>Changing Bodies (25 minute lesson with extensions)</u> Pupils will learn that puberty involves physical, emotional and sexual development. Whilst this might feel daunting, they will learn that puberty is God’s plan for them and He is with them throughout it all.</p>	<p><u>Before I was Born (25 minute lesson with extensions)</u> Pupils will learn what happens during the different stages of pregnancy, the importance of pre-natal care and the emotional, real-life impact of pregnancies carried to full term and otherwise.</p>	<p><u>Fertility &amp; Contraception (25 minute lesson with extensions)</u> Pupils will learn about methods for managing conception and discuss how they uphold or contravene God’s plan for sex.</p>	<p><u>Coercive Control (50 minute lesson (Year 11))</u> Pupils will be able to consider what is meant by coercive control and how this type of abusive relationship can develop. They will also be able to discuss issues such as rape, victim-blaming, sexism and misogyny.</p>	<p><b>Personal Statements (Unifrog)</b> Pupils will be using the Writing tool on Unifrog to complete their personal statements. They will be completing these in their own time - <b>these need to be completed at home and checked by teachers by 30/10/2024</b></p> <p>Computer Room</p>

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<p><b>Week 7</b> <b>WB:</b> <b>14/10</b></p>	<p><b><u>Where We Come From (25 minute lesson with extensions)</u></b> Pupils will learn about sexual intercourse as more than just a physical act, but a gift from God for married couples as His plan for how babies are made.</p>	<p><b><u>Sexual Orientation and gender Identity</u></b> Pupils will learn to understand and respect the spectrum of gender identities and sexual orientations.</p>	<p><b><u>Marriage (50 minute lesson)</u></b> Pupils will discuss various types of committed relationships (e.g. civil partnerships, forced marriage, monogamy, etc)</p>	<p><b><u>Reducing inappropriate behaviours – Alice Ruggles</u></b> Pupils will recognise when romantic attention is unwanted or unacceptable, including online and be able to explain how perpetrators and their peers can safely address potential perpetrator behaviours.</p>	<p><b><u>Mock Interview Applications</u></b> Pupils will be introduced to the mock interview process and how the mock interviews are prepared. They will begin filling in their Mock application forms using their estimated GCSE grades. <b>These need to be completed at home and checked by teachers by 10/11/2024</b> <b>Computer Room</b></p>
<p><b>Week 8</b> <b>WB:</b> <b>21/10</b></p>	<p><b><u>Where We Come From (25 minute lesson with extensions)</u></b> Pupils will learn about sexual intercourse as more than just a physical act, but a gift from God for married couples as His plan for how babies are made</p>	<p><b><u>Pride (Votes for School)</u></b> Pupils will learn to describe the protest origins of pride and understand whether protesting remains in modern Pride awareness</p>	<p><b><u>Freedom and capacity to consent</u></b> Pupils will learn about common challenges related to consent and how to avoid these.</p>	<p><b><u>Abuse (25 minute lesson with extensions)</u></b> Pupils will learn about the four main types of abuse, how to look out for danger signs, resist pressure, access support and know that abuse is never the victim’s fault.</p>	<p><b><u>Mock Interview Applications</u></b> Pupils will be completing their Mock interview applications forms and saving them to the pupil shared area. - <b>these need to be completed and checked by teachers by 10/11/2024</b> <b>Computer Room</b></p>
<p><b>HALF TERM</b></p>					

Autumn Term 2: RSHE					<i>NB: Orange = Ten:Ten</i>
	Year 7	Year 8	Year 9	Year 10	Year 11
<p><b>Week 1</b> <b>WB: 04/11</b></p>	<p><b><u>NSPCC – Changing Friendships</u></b> Pupils will learn how to manage changing friendships, including the benefits and challenges of making new friends.</p>	<p><b><u>Introduction to Consent</u></b> Pupils will learn about common assumptions related to consent and how to challenge these.</p>	<p><b><u>One Hundred Percent (50 minute lesson)</u></b> Pupils will learn about non-physical and online consent. They will learn that consent given under pressure or coercion is not true consent.</p>	<p><b><u>Abuse (25 minute lesson with extensions)</u></b> Pupils will learn about the four main types of abuse, how to look out for danger signs, resist pressure, access support and know that abuse is never the victim’s fault.</p>	<p><b><u>Catch up lesson</u></b> Use this lesson to catch up with personal statements and mock interview applications. The deadline is this week. <b>Computer Room</b>  If everything is done, work through the ‘CV Skills’ lesson.</p>

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<p><b>Week 2</b> <b>WB: 11/11</b></p>	<p><b><u>Family and Friends (50 minute lesson)</u></b> Pupils will learn about different types of friendship and family structure, and discuss how better to manage their behaviour through consideration of thoughts, feelings and actions</p>	<p><b><u>FGM – Votes for School</u></b> To understand the risks and myths associated with female genital mutilation (FGM), To know its status as a criminal act and strategies to safely access support for themselves or others who may be at risk, or who have already been subject to FGM.</p>	<p><b><u>Knowing my Rights and Responsibilities (50 minute lesson)</u></b> Pupils explore issues around physical consent and sexual exploitation. It also explores wider human rights and responsibilities, and the tensions between human rights law and cultural/religious expectations.</p>	<p><b><u>Solidarity (25 minute lesson with extensions)</u></b> Pupils will learn with compassion about FGM, human trafficking, honour-based violence and about Pope Francis’ concept of ‘an integral ecology’. Pupils will learn that how acting on their beliefs, values and attitudes will influence the world around them, for good or bad.</p>	<p><b><u>College applications</u></b> Pupils will learn about local colleges and the expectations to apply for a college place. They will be shown how to apply but are encouraged to apply at home with their parents.</p>
<p><b>Week 3</b> <b>WB: 18/11</b></p>	<p><b><u>What Makes a Good Friend</u></b> Pupils will understand the different roles that friends play, consider methods to resolve conflicts between friends, recognise when friends need support.</p>	<p><b><u>Think before you Share (25 minute lesson with extensions)</u></b> Pupils will learn about the consequences of sharing images of a sexual nature, how to resist pressure to do this, and the importance of setting rules to keep themselves safe online.</p>	<p><b><u>FGM</u></b> Pupils will learn what is meant by FGM, how to identify risks, myths and facts associated with FGM and describe how to safely access support for ourselves or others who may be at risk, or have already been subject to FGM.</p>	<p><b><u>Solidarity (25 minute lesson with extensions)</u></b> Pupils will learn with compassion about FGM, human trafficking, honour-based violence and about Pope Francis’ concept of ‘an integral ecology’. Pupils will learn that how acting on their beliefs, values and attitudes will influence the world around them, for good or bad.</p>	<p><b><u>Interview Success – Barclays Life Skills</u></b> Pupils will learn about the different types of activities they might encounter in an interview and practice answering questions with a partner.</p>
<p><b>Week 4</b> <b>WB: 25/11</b></p>	<p><b><u>Living in the Wider World (25 minute lesson with extensions)</u></b> Pupils will learn the effects of their actions on others and understand the concept of social responsibility.</p>	<p><b><u>Think before you Share (25 minute lesson with extensions)</u></b> Pupils will learn about the consequences of sharing images of a sexual nature, how to resist pressure to do this, and the importance of setting rules to keep themselves safe online.</p>	<p><b><u>Cinema in Education Session 1 – Love Honour Cherish</u></b> This cinema-in-education session is based on the film Love, Honour, Cherish which is told in three parts.</p>	<p><b><u>Cinema in Education Session 1: Babies</u></b> This cinema-in-education session is based on the film Babies which is told in two parts.</p>	<p><b><u>Revision Techniques (Unifrog)</u></b> Pupils will learn to identify ‘good’ and ‘bad’ revision techniques; to make their own revision processes easier and more effective and to access the Know-how library to learn more about revision techniques.</p>

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<p><b>Week 5</b> WB: 02/12</p> <p>No Monday lessons</p>	<p><b><u>NO LESSON</u></b></p>	<p><b><u>NSPCC - Sexual harassment and harmful sexual behaviour.</u></b> Pupils will learn what sexual harassment and harmful sexual behaviours are and how they may affect someone and learn how concerns about seeking help can be managed.</p>	<p><b><u>Cinema in Education Session 2 – The Gift of Sex</u></b> An opportunity for students to explore the themes and values of the drama within a real context and reflect more deeply on the desires of their own hearts.</p>	<p><b><u>Cinema in Education Session 2 – Responding to an unwanted pregnancy.</u></b> Helps students to expand their knowledge of how to respond to an unexpected pregnancy and to deepen their understanding about the importance of protecting life before birth. The lesson should be used soon after the screening of the film, “Babies”.</p>	<p><b><u>NO LESSON</u></b></p>
<p><b>Week 6</b> WB: 09/12</p>	<p><b><u>Living in the Wider World (25 minute lesson with extensions)</u></b> Pupils will learn the effects of their actions on others and understand the concept of social responsibility.</p>	<p><b><u>Cinema In Education Session 1: The Trouble with Max</u></b> This cinema-in-education session is based on the film The Trouble With Max which is told in two parts.</p>	<p><b><u>Cinema in Education Session 3 – The Gift of self</u></b> This lesson takes the theme of “gift” which was explored in the film “Love, Honour, Cherish”, and gives the students the opportunity to reflect on this in a personal way. By using clips from the film, the students explore what it means to m</p>	<p><b><u>Cinema in Education Session 3 – Safe Sex or Save Sex</u></b> This lesson explores one aspect of the story of “Babies” – the topic of “safe sex”. It helps students differentiate between facts and myths about “safe sex” and to understand some of the virtues of “saving sex”.</p>	<p><b><u>Coping with Change (Unifrog)</u></b> Pupils will learn to understand the changes that will take place when they move to college; To use a toolkit of ways they can manage these changes and to navigate the Apprenticeships and College/Sixth Form tools.</p>
<p><b>Week 7</b> WB: 16/12</p> <p>No Friday Lessons</p>	<p><b><u>Cinema In Education Session 1: Facts of Life</u></b> This cinema-in-education session is based on the film Facts of Life which is told in three part</p>	<p><b><u>Cinema In Education Session 2: Trust the Truth – Part One</u></b> Pupils reflect personally on the negative pressures and influences they are faced with and to combat these lies with a deeper understanding of the truth about who they are.</p>	<p>Catch up lesson/DIRT lesson/Blooket</p>	<p>Cinema in Education Session 3/Catch up lesson/DIRT lesson/Blooket</p>	<p><b><u>Catch Up/(Unifrog) Collage application deadline</u></b> <b>Use this lesson to catch up with any missing college/interview prep work.</b></p> <p><b>Pupils can use this time to conduct practice interviews before their Mock interview in the new year.</b></p>

**CHRISTMAS**

Personal Development Topic Overview 2024-2025

Spring Term 1: Yr 7-10 British Values, Bullying, Discrimination, Inclusion and Equality Yr 11: Money Management					<i>NB: Orange = Ten:Ten</i>
	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Week 1</b> WB: 06/01	<u><b>Identifying and Challenging Bullying</b></u> Pupils will learn how to recognise and challenge bullying behaviour in a range of contexts.	<u><b>What are British Values</b></u> Pupils will learn what the fundamental British values are and how we use them in everyday life.	<u><b>Valuing Diversity</b></u> Pupils will learn about the impact of individual’s beliefs and actions on community cohesion	<u><b>Diversity and Discrimination in the work place</b></u> Pupils will learn how to dispel some of the myths concerning careers suitable for particular groups of people.	<u><b>Take Home Pay</b></u> Pupils will learn to: Describe the main salary deductions. Identify and explain key elements of a payslip. Calculate income tax for different job salaries
<b>Week 2</b> WB: 13/01	<u><b>#ImWithSam – Disability awareness</b></u> Pupils will learn about the place of people with learning disabilities and autism within a diverse society;	<u><b>Appreciating Differences (Ten Ten)</b></u> Pupils will learn about some of the ways in which people may choose to articulate their identity, including gender identity.	<u><b>Understanding and Preventing Extremism</b></u> Pupils will learn about how violent extremism differs from legitimate protest and dissent ways to respond to worrying behaviours	<u><b>Beliefs Values and Attitudes (Ten Ten)</b></u> Pupils will learn the meaning of the terms ‘beliefs’, ‘values’ and ‘attitudes’, how crucial they are in shaping our choices and that we should interrogate them regularly to ensure we are living the way we intend.	<u><b>Budgeting</b></u> Pupils will learn describe the difference between financial needs and wants. Explain the purpose of budgeting. Apply a budgeting framework to needs, wants and future spending  <b>MOCKS</b>
<b>Week 3</b> WB: 20/01	<u><b>Spreading Rumours</b></u> Pupils will learn to recognise and challenge rumours and how rumours can be a form of bullying	<u><b>Tough Relationships (Ten Ten)</b></u> Pupils will learn the meaning of terms such as ‘prejudice’, ‘discrimination’, ‘Protected Characteristics’, ‘tolerance’, ‘kindness’ and ‘forgiveness’ and consider what this looks like in real life	<u><b>Radicalisation</b></u> Pupils will learn the ways people can be drawn in to extremist groups	<u><b>Extremism</b></u> Pupils will learn how to identify harmful behaviours online ... and how to report, or find support, if they have been affected by those behaviours.	<u><b>Savings</b></u> Pupils will learn to identify different ways to save for the long term. Compare different savings products and assess best options for different people. Calculate interest for different savings accounts  <b>MOCKS</b>

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<p><b>Week 4</b> WB: 27/01</p>	<p><b><u>NSPCC Hurtful behaviours</u></b> Pupils will learn to recognise hurtful behaviours and strategies to manage these.</p>	<p><b><u>Gender Stereotypes</u></b> Pupils will learn to critically assess and challenge gender stereotypes and understand how these can be harmful in relationships</p>	<p><b><u>Misogynistic behaviours (Votes for school)</u></b> Pupils will discuss Are young people comfortable calling out misogynistic behaviour?  Retreat Day Disruptions: Mon-Fri</p>	<p><b><u>Jury Service</u></b> Pupils will learn to explain the purpose of a jury in the UK legal system, understand the process of jury selection, and recognise the connection between the jury system and the fundamental British values.</p>	<p><b><u>Investing</u></b> Pupils will learn to describe what investing is and what I can invest in. Explain the difference between shares and bonds. Recognise the factors that will affect people’s risk profiles</p>
<p><b>Week 5</b> WB: 03/02</p>	<p><b><u>My Life on Screen (Ten Ten)</u></b> Pupils will learn that they have online ‘lives’ that they need to take steps to safeguard, just as they do in real life.</p>	<p><b><u>Wider World (Ten Ten)</u></b> Pupils will learn from history that prejudice can grow into discrimination without the courage of upstanders, and that we all can all, through our language and behaviour, play a part in dismantling prejudice at its root.</p>	<p><b><u>Online Influencers and Online Harm (Votes for School)</u></b> Pupils will learn to describe influencers and online harm and discuss the positives and negatives of online influences.</p>	<p><b><u>Online Blackmail</u></b> Pupils will learn to identify key features of blackmail online, understand the impact it can have, and learn how young people can access support about anything that happens online.</p>	<p><b><u>Insurance and Pensions</u></b> Pupils will learn to Describe the relationship between risk and insurance Identify different types of insurance plans and key features of insurance plans Compare and assess different insurance products</p>
<p><b>Week 6</b> WB: 10/02</p>	<p><b><u>Healthy Inside and Out</u></b> Pupils will learn about self-esteem: what contributes to it, how it can affect their lives and how to increase it.</p>	<p><b><u>Prevent</u></b> Pupils will learn what Terrorism is and the definition of Extremism. Pupils will be able to define what terrorism is and explain what could make someone a terrorist.</p>	<p><b><u>Feelings About Sharing Nudes</u></b> Pupils will learn about the feelings associated with sending and receiving nude images and how to manage pressure to send or pass on a nude image.</p>	<p><b><u>Social Attitudes to Sending Nudes</u></b> Pupils will learn how to challenge attitudes which perpetuate pressure to send or pass on a nude image.</p>	<p><b><u>Managing Investments</u></b> Pupils will learn how to apply an investment strategy (low, medium or high risk) to calculate how an investment portfolio changes over time due to external events</p>

**Half Term**

Personal Development Topic Overview 2024-2025

Spring Term 2: KS3: PSHE   CIEAG KS4: PSHE SMSC					NB: Orange = Ten:Ten
	Year 7	Year 8	Year 9	Year 10	Year 11
<p><b>Week 1</b> WB: 24/02</p>	<p><b><u>NSCS - Protecting personal information online</u></b> Students will learn about the risks to personal information online, and how to protect personal information.</p>	<p><b><u>Causes of Cybercrime</u></b> Pupils will learn to describe what cybercrime is using key terms and evaluate the reasons why someone may become involved in cybercrime.</p>	<p><b><u>Decision making: choosing what to study at KS4 (Unifrog)</u></b> Students should be able to: Identify important factors to consider whilst deciding on subject choices. Outline what they need to do next to reach their decision</p> <p><b>Computer Room</b></p>	<p><b><u>Self Image (50 Minute Lesson)</u></b> Pupils will learn that true confidence in who we are, including confidence in our bodies, comes from knowing we have dignity – that we are to be valued and respected not because of how we look or what we do, but just by being alive, created by God and called His child.</p>	<p><b><u>Birth Control (50 minute lesson)</u></b> Pupils will consider the counter-cultural idea of saving sex for marriage and Learn about Natural Family Planning and why it is the method of managing fertility that the Church supports.</p>
<p><b>Week 2</b> WB: 03/03</p>	<p><b><u>Exploring possibilities: dream jobs (Unifrog)</u></b> Students will be able to: Identify the key skills and themes that relate to their 'dream job'. Explain the benefits of exploring related career options and not focusing on one single dream job.</p> <p><b>Computer Room</b></p>	<p><b><u>Effects of Cybercrime</u></b> Pupils will learn to explain the consequences of cybercrime, for the perpetrator and the target. Recommend alternative pathways for someone at risk of committing cybercrime</p>	<p><b><u>Taking control of your career (Unifrog offline)</u></b> Students should be able to: Identify the career needs and wants of themselves and others. Understand how to take the initiative in developing their career journey. Reflect on how to overcome barriers people face on their career journeys</p>	<p><b><u>Health Promotion and Self-Examination</u></b> Pupils will learn the benefits of self-examination and how to self-examine at home.</p>	<p><b><u>Pornography (50 minute lesson)</u></b> Pupils will learn that sexual desire is powerful: making it a part of authentic love is a lifelong challenge and responsibility, but one that leads to maturity and fulfilment.</p>
<p><b>Week 3</b> WB: 10/03</p>	<p><b><u>What is a career (Unifrog)</u></b> Students will be able to: Define 'what is a career?' and I identify a range of career sectors and jobs that they might be interested in.</p> <p><b>Computer Room</b></p>	<p><b><u>What influences my decisions?</u></b> Pupils will learn how the economy and other factors influence our decisions and what the role of the bank of England is.</p>	<p><b><u>Working and earning: managing your money (Unifrog offline)</u></b> Students should be able to: Identify some of their employment rights as a school-age worker. Calculate a monthly wage from an hourly rate or annual salary. List some essential and non-essential expenditure when creating a budget</p>	<p><b><u>Blood and Organ Donation</u></b> <b>Students will be able to:</b> Pupils will learn to identify the steps involved in blood, organ and stem cell donation, describe how it might feel to be part of the donation process and analyse the importance of donation for individuals and for society</p>	<p><b><u>Self-Worth Ten Ten</u></b> Pupils will consider: How formative experiences can shape a person's beliefs, values and attitudes. How a person's faith and belief that they are created and loved by God can positively influence the way they respect themselves and others.</p>



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<p><b>Week 4</b> WB: 17/03</p>	<p><b><u>Using the Interests Profile (Unifrog)</u></b> Students should be able to: Access their Interests profile. State an example of one career that suits their interests. State an example of one subject that suits their interests.</p> <p>Computer Room</p>	<p><b><u>How can I make informed decisions?</u></b> Pupils will learn how to ask questions about decision making and how to analyse information and address reliability.</p>	<p><b><u>What is the labour market and why is it important? (Unifrog offline)</u></b> Students should be able to: Define the labour market and labour market information. Identify different types of labour market information. Compare labour market information</p>	<p><b><u>Drug Awareness</u></b> Pupils will learn to evaluate myths, misconceptions, social norms and cultural values relating to drug, alcohol and tobacco use.</p>	<p><b><u>STI's (50 minute lesson)</u></b> Pupils will consider how the reality of STIs connects to deeper questions about sexual choices and consequences, and how to rethink behaviour that causes harm.</p>
<p><b>Week 5</b> WB: 24/03</p>	<p><b><u>Using the skills profile (Unifrog)</u></b> Students should be able to: Access their Skills profile. State an example of one career that suits their skills. State an example of one subject that suits their skills</p> <p>Computer Room</p>	<p><b><u>Why do my decisions matter?</u></b> Pupils will learn how personal financial choices can effect ourselves, others and the economy.</p>	<p><b><u>What comes after school: the main learning pathways (Unifrog)</u></b> Students should be able to: Identify a learning pathway they'd like to explore further. Name pathways, qualifications, skills, and progression opportunities related to an example career.</p> <p>Computer Room</p>	<p><b><u>Addiction (50 Minute Lesson)</u></b> Pupils will learn through her story and discussion activities that the pull of short-term highs is strong, but that maturity and growth happens through appreciating one's own life as a gift and learning to make a gift of oneself to others</p>	<p><b><u>Eating Disorders Ten Ten</u></b> Pupils will consider: How pressure, stress and anxiety can contribute to poor emotional health. That poor emotional health can manifest in different ways, including eating disorders The importance of talking about difficulties, their own and those of others.</p>
<p><b>Week 6</b> WB: 31/03</p> <p>No Friday Lessons</p>	<p><b><u>Careers and the future (Unifrog offline lesson)</u></b> Students should be able to: Identify a skill that's predicted to be valued by future employers. Explain at least one example of how careers have changed over time.</p>	<p><b><u>How can I manage financial risk?</u></b> Students will learn about saving, borrowing and financial fraud.</p>	<p><b><u>What are my skills? (Unifrog)</u></b> Students should be able to: Explain why developing and recording skills now is important for the future world of work. Reflect on their own skills and achievements.</p> <p>Computer Room</p>	<p><b><u>Addiction (50 Minute Lesson)</u></b> Pupils will learn through her story and discussion activities that the pull of short-term highs is strong, but that maturity and growth happens through appreciating one's own life as a gift and learning to make a gift of oneself to others</p>	<p><b><u>Exam Stress</u></b> Pupils will be able to identify signs of exam stress in yourself and spot the signs of it in others and know who to ask for advice and where to look for guidance on exam stress.</p>

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Summer Term 1: KS3: PSHE   SMSC KS4: CIEAG					<i>NB: Orange = Ten:Ten</i>
	Year 7	Year 8	Year 9	Year 10	Year 11
<p><b>Week 1</b> WB: 21/04</p> <p>No Monday lessons</p> <p>Tuesday Assembly Disruptions</p>	<b><u>NO LESSON</u></b>	<p><b><u>Sure Campaign – Confidence</u></b> Pupils will be able to identify ways that regular movement and exercise can have a positive impact on mental health.</p>	<p><b><u>Dove - Confident me</u></b> Pupils will be able to analyse strategies to resist appearance pressures, avoid comparing themselves, challenge appearance ideals and build body confidence.</p>	<p><b><u>WORK EXPERIENCE PREP</u></b> Pupils will learn to understand hard skills, soft skills, and competencies. Learn how to use the Placements tool and use the Placements tool to add a placement (Student initial form) <b>Computer Room</b></p>	<b><u>NO LESSON</u></b>
<p><b>Week 2</b> WB: 28/04</p>	<p><b><u>Physical and mental wellbeing</u></b> Pupils will be able to identify the link between physical and mental wellbeing and describe strategies for improving physical and mental wellbeing.</p>	<p><b><u>Sure Campaign – Inclusivity</u></b> Pupils will be able to describe how a lack of inclusivity in sport can impact someone’s feelings and participation in sport and explain strategies to make sport more inclusive.</p>	<p><b><u>Dove - Body Talk</u></b> Pupils will understand what is meant by body talk and why people engage in conversations about appearance and recognise the problems body talk can cause.</p>	<p><b><u>WORK EXPERIENCE PREP</u></b> Pupils will learn about health and safety in the workplace and explore commonly displayed safety signage, how to recognise the different types, and a short exercise to test their knowledge.</p>	<b><u>Revision</u></b>
<p><b>Week 3</b> WB: 05/05</p> <p>No Monday lessons</p>	<b><u>NO LESSON</u></b>	<p><b><u>Sure Campaign – Positive Mindset</u></b> Pupils will be able to identify challenges someone might have when setting personal goals and explain how to set realistic and ambitious targets with a positive mindset.</p>	<p><b><u>Body image in an online world</u></b> Pupils will be able to recognise the impact of social media on body image and know who to ask for advice and where to look for guidance on body image and online stress, including on the Every Mind Matters website.</p>	<p><b><u>WORK EXPERIENCE PREP</u></b> Pupils will be able to explain the correct work experience protocols including health and safety awareness and identify how to get the most out of going on work experience.</p>	<b><u>NO LESSON</u></b>

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<p><b>Week 4</b> WB: 12/05</p>	<p><b><u>Healthy coping strategies</u></b> Pupils will be able to recognise circumstances leading to intense emotions that may be difficult to manage and explain a range of positive strategies for managing difficult emotions</p>	<p><b><u>HPV</u></b> Pupils will be able to explain what the HPV vaccine is and how it can provide protection and be able to identify and challenge misconceptions regarding the HPV vaccine.</p>	<p><b><u>Unhelpful Thoughts</u></b> Pupils will be able to identify unhelpful thoughts and explain different ways of challenging unhelpful thoughts and where to seek support.</p>	<p><b><u>WORK EXPERIENCE PREP</u></b> Pupils will explore how to get the most out of going on work experience and prepare goals for your own work experience</p> <p>Computer Room</p>	
<p><b>Week 5</b> WB: 19/05</p>	<p><b><u>Worry</u></b> Pupils will be able to identify the signs of worry and explain ways of managing worry and where to seek support</p>	<p><b><u>Online Grooming V4S</u></b> Pupils will learn to recognise the concepts of, and laws relating to, sexual exploitation, abuse, grooming and how these can affect current and future relationships.</p>	<p><b><u>Unhelpful Coping Strategies</u></b> Students will be able to: Pupils will be able to explain why self-harm and eating disorders are unhealthy coping strategies and recognise misconceptions about unhealthy coping strategies.</p>	<p><b><u>NO LESSONS - Year 10 on work experience</u></b></p>	

<p><b>Summer Term 2: PSHE   SMSC   RSHE</b></p>				
	<p><b>Year 7</b></p>	<p><b>Year 8</b></p>	<p><b>Year 9</b></p>	<p><b>Year 10</b></p>
<p><b>Week 1</b> WB: 02/06</p>	<p><b><u>Diet and Exercise</u></b> Pupils will learn about different influences on someone’s diet and exercise choices and be able to explain how to make good choices about their health</p>	<p><b><u>Revision Skills – Unifrog</u></b> By the end of the lesson, students will be able to Identify ‘good’ and ‘bad’ revision techniques and make their own revision processes easier and more effective.</p>	<p><b><u>Knife Crime – V4S</u></b> Pupils will be able to discuss what knife crime is, and will know about the laws surrounding knives and violence.</p>	<p><b><u>WORK EXPERIENCE FEEDBACK</u></b></p>
<p><b>Week 2</b> WB: 09/06</p>	<p><b><u>Healthy Lifestyle Week</u></b></p>	<p><b><u>Healthy Lifestyle Week</u></b></p>	<p><b><u>Healthy Lifestyle Week</u></b></p>	<p><b><u>WORK EXPERIENCE FEEDBACK</u></b></p>

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<p><b>Week 3</b> WB: 16/06</p>	<p><b><u>Sleep</u></b> Pupils will be able to identify what happens when we sleep, describe the benefits of good quality sleep and explain strategies to promote good quality sleep.</p>	<p><b><u>Drugs and Alcohol</u></b> Students will be able to describe the names, appearance, and effects of a range of illegal drugs and analyse their attitudes and beliefs about the prevalence of drug use amongst young people.</p>	<p><b><u>Eating Disorders</u></b> Pupils will be able to discuss different eating disorders and the effects that an eating disorder could have on the body and mind.</p>	<p><b><u>Body Image – Cosmetic Surgery</u></b> Students will be able to identify the laws and regulations relating to cosmetic procedures and sunbed use, describe how idealised images of bodies can impact decisions relating to cosmetic procedures and evaluate media messages relating to cosmetic procedures and make informed decisions</p>
<p><b>Week 4</b> WB: 23/06</p>	<p><b><u>Gaming Addictions</u></b> Pupils will be able to understand the concept of gaming addiction, its potential effects on mental and physical health, and strategies for healthy gaming habits.</p>	<p><b><u>Drugs and Alcohol</u></b> Students will be able to explain the legal terms ‘possession’, ‘supply’ and ‘intent to supply’ in relation to drugs and explain the short- and long-term legal consequences of being found in possession of, using, selling or supplying different classes of drugs</p>	<p><b><u>Youth Criminal Records – V4S</u></b> Pupils will learn about laws and PNC, and be able to consider the areas of life that can be impacted by a record.</p>	<p><b><u>Body Modifications</u></b> Students will be able to describe the laws and regulations associated with tattoos and piercings and assess the risks associated with tattoos and piercings, and how to manage these</p>
<p><b>Week 5</b> WB: 30/06</p> <p><b>Sports Day disruptions</b> <b>Mon-Thur</b></p>	<p><b><u>Dental Health</u></b> Students will be able to describe good oral hygiene practices, explain the impact of diet and substance use on dental health and describe the differences between dentistry for health and cosmetic purposes.</p>	<p><b><u>Drugs and Alcohol</u></b> Students will be able to describe some of the health risks associated with occasional and problematic substance use and recognise and challenge myths related to cannabis use and drinking alcohol.</p>	<p><b><u>County Lines – V4S</u></b> Pupils will be able to discuss the signs that could show someone is being exploited by a gang to sell drugs.</p>	<p><b><u>Tackling Violence Against Women</u></b> Pupils learn about strategies to support personal safety, especially when out socialising with peers.</p>

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<b>Week 6</b> WB: 07/07	<b><u>Sun Safety</u></b> Pupils will be able to recall methods for staying safe in the Sun and to analyse people's desire for a tan despite the risks.	<b><u>Online stress and FOMO</u></b> Pupils will be able to recognise the difference between online and real friends and understand that social media sometimes does not reflect real life.	<b><u>Gambling Addictions – V4S</u></b> Pupils will be able to recognise the risks related to online gambling including the accumulation of debt, how advertising and information is targeted at them and how to be a discerning consumer of information online.	<b><u>Staying Safe on the Roads</u></b> Pupils will learn about the personal responsibilities that young people have when travelling and how to manage the risks involved.
<b>Week 7</b> WB: 14/07	<b><u>Catch up/ End of Year Quiz</u></b>	<b><u>Catch up/ End of Year Quiz</u></b>	<b><u>Catch up/ End of Year Quiz</u></b>	<b><u>Catch up/ End of Year Quiz</u></b>